

# Mental Health Awareness

## The FACTS:

**1 in 5** American adults will have a diagnosable mental health condition in any given year.<sup>(1)</sup>

**50 percent** of Americans will meet the criteria for a diagnosable mental health condition sometime in their life, and half of those people will develop conditions by the age of 14.<sup>(2)</sup>

**Join the Maricopa Police Department in recognizing  
Mental Health Awareness Month!**

**Who: EVERYONE**

**What: Panel Discussion and Refreshments followed by a Balloon Release,**

**Information on Social Services in the Community.**

**When: MAY 14, 2016 FROM 10AM-12PM**

**Where: COPPER SKY, ON THE GREAT LAWN AND RAMADA**

**Wear Green to be entered into a raffle**

Community  
Programs  
MPD



BE AWESOME  
YOUTH COALITION

LA FRONTERA  
ARIZONA  
IMPACT - SUICIDE PREVENTION CENTER

ARIZONA  
COUNSELING  
&  
TREATMENT  
SERVICES, L.L.C.

SUN LIFE FAMILY HEALTH CENTER

Victim Assistance

Maricopa Police Department  
Community Programs

Phone: 520-316-6800, option 5  
E-mail: vaps@maricopa-az.gov

LIFE WITH  
A MENTAL  
ILLNESS

LEARN  
about it.  
ACT  
B4Stage4.  
SHARE  
with #mentalillnessfeelslike.



[mentalhealthamerica.net/may](http://mentalhealthamerica.net/may)

## Sources

<sup>1</sup>Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. (September 4, 2014). *The NSDUH Report: Substance Use and Mental Health Estimates from the 2013 National Survey on Drug Use and Health: Overview of Findings*. Rockville, MD.

<sup>2</sup> Ronald C. Kessler et al., Lifetime Prevalence and Age-of-Onset Distributions of DSM-IV Disorders in the National Comorbidity Survey